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# Optimization of Smart Home Energy Consumption Using Machine Learning-Based Load Forecasting

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## Abstract

The growing demand for energy efficiency in smart homes necessitates accurate short-term load forecasting to enable adaptive scheduling and optimal resource allocation. Traditional forecasting models, such as Random Forest, have demonstrated limited capability in capturing sequential dependencies, especially under fluctuating consumption behaviors typical of residential environments. This study aims to compare the forecasting performance of RF and Long Short-Term Memory (LSTM) models in predicting household energy consumption, to identify the most suitable approach for intelligent energy management systems. A quantitative experimental design was adopted using a publicly available dataset, which underwent preprocessing including time normalization and unit conversion. Both models were evaluated using Mean Absolute Error (MAE) and Root Mean Square Error (RMSE) to assess forecasting accuracy. The LSTM model achieved a lower MAE of 3.2 and RMSE of 4.1, significantly outperforming the RF model, which recorded an MAE of 6.5 and RMSE of 8.4. Additionally, during peak load conditions, LSTM achieved 89.7% accuracy, compared to 72.4% for RF, further emphasizing its superior adaptability to time-sensitive variations. The results confirm that LSTM is more effective in modeling temporal patterns and handling volatility in household energy usage. This research contributes to the field by reinforcing the applicability of deep learning for real-time energy forecasting, offering valuable insights for the development of smart home systems. Future studies may expand this work by integrating hybrid optimization techniques and exploring multi-household scenarios for broader scalability.

**Keywords:** Smart Home Energy Management, Load Forecasting, LSTM, Random Forest, Time Series Prediction.

## I. INTRODUCTION

In recent years, the growth of Internet of Things (IoT) technologies has transformed the way residential environments operate and consume energy. Advanced smart home systems, with their real-time monitoring and automation, are gaining popularity to further enhance energy efficiency and customer satisfaction. Growing concerns about electricity demand, power consumption, and environmental sustainability have driven the development of more advanced systems that, in addition to monitoring, can also predict household electricity consumption. Precise energy prediction plays the key role in this sense by enabling systems to pre-control loads, avoid energy wastage, and reduce the load on power grids, especially during peak load hours. Integrating predictive elements into intelligent home systems is widely regarded as a crucial component in developing future energy management strategies.

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The use of ML in forecasting energy demand has grown significantly, largely thanks to its ability to identify complex consumption trends that evolve and do not follow a linear path. (L. Santoso & Priyadi, 2024) showed that Random Forest and XGBoost models were substantially more accurate when feature engineering methods like SHAP and PCA were applied. In their second paper, (Putra et al., 2024) demonstrated that Random Forest, when implemented in a large-scale energy management system, reduced power use by up to 11.17%, crediting its real-world operational efficiency. (Arman et al., 2022) emphasized the potential of intelligent systems for pattern recognition, which stands for identifying habits of use in innovative energy environments. In addition, (J. T. Santoso et al., 2024) included that artificial intelligence improves internal business processes, which is in favor of the use of predictive models in smart home energy systems.

Though numerous researchers have sought to maximize energy in bright spaces, they have been predominantly focused on hardware technological developments or control measures that are fixed and not dynamic and predictive. For instance, (Yan & Qiu, 2025) put the emphasis on using pre-set price-driven regulations in load regulating systems that are rigid in responding to fluctuating consumption patterns. The study by (Forootani et al., 2022) utilized deep learning techniques for forecasting, yet it did not offer any comparative insight into how these methods perform relative to traditional ML models. Likewise, (Poyyamozi et al., 2024) proposed an energy management strategy for intelligent buildings, but included no real-time forecasting ability in their approach. (E. X. Chen et al., 2023) built a time-series forecasting model, but what they failed to do was translate predictive results into control adjustments. Also, (Arévalo et al., 2024) referenced the future of smart energy systems but showed concern for the lack of optimization coupling between operational scheduling and forecasting. Accordingly, this study bridges these gaps by examining and comparing the performance of LSTM and Random Forest models for forecasting household electricity loads and proposing an integrated optimization framework optimized for smart home systems.

Based on the identified research gaps and the capabilities of machine learning models in time-series forecasting, this study aims to compare the forecasting abilities of Random Forest and LSTM models in predicting residential electricity demand. The primary goal is to determine the best model for understanding the dynamics of daily energy use among households with varying loads. While both models have their strengths, there is a strong possibility that LSTM could perform better, particularly because it is built to work with sequences and can pick up on trends that unfold over time, which is quite common in household electricity usage. Apart from model evaluation, this research focuses on creating a predictive understanding-based smart energy optimization framework that facilitates more responsive and efficient energy management in

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smart homes. The breakthrough is therefore expected to contribute to smart residential energy systems that reduce waste, make more informed scheduling decisions, and foster a culture of sustainable energy consumption.

## II. LITERATURE REVIEW

### A. Load Forecasting in Residential Smart Grids

Current developments in home load forecasting center on hybrid deep models that aim to provide improved forecasts for intelligent homes. According to (Wang et al., 2023), incorporating attention into a dilated multilayer LSTM model significantly enhanced electricity consumption forecasting accuracy for domestic homes over that of bidirectional and straightforward LSTM configurations. The authors demonstrated that using dilated recurrence layers with attention modules allows the model to sufficiently address residential consumption non-stationarity and advanced usage patterns specific to living spaces. Empirical evidence demonstrated a significant decrease in MAE across various loads, making the dilated attention-LSTM architecture a strong contender for smart home forecasting applications. The outcomes unanimously support the use of advanced LSTM models as effective instruments for domestic electricity forecasting.

11 Yet another pioneering work by (Xiang et al., 2022) introduced a hybrid prediction model based on the combination of Variational Mode Decomposition (VMD) and a Temporal Convolutional Network (TCN) with an error correction module. They clarified that VMD is used to eliminate raw load series noise and non-stationarity, thereby obtaining intrinsic mode functions by adding a pre-processing step before training. TCN subsequently processes the decomposed signals, and additional error correction enhances the accuracy of the predictions. Their findings showed considerably lower RMSE and MAE compared to baseline models. This paper demonstrates the effectiveness of combining signal preprocessing with deep learning in enhancing the robustness of residential load forecasting.

Privacy-sensitive techniques for smart home load forecasting are addressed by (Lei et al., 2022), who introduced a federated learning framework to train models on multiple edge devices without exchanging raw consumption data. Decentralized model training was indicated to preserve forecasting accuracy, nearly on par with centralized methods, while maintaining user anonymity. The architecture was scalable to large numbers of households and preserved performance integrity across distributed IoT-based smart home settings. It represents an attractive architecture that reconciles accurate forecasting with data privacy requirements. Similar privacy-sensitive design principles become increasingly important in deploying realistic forecasting solutions in home environments.

Comparative model forecasting analysis is enlightening regarding model selection (Fayyazbakhsh et al., 2025). For instance, we compared the performances of LSTM, Support Vector Regression (SVR), and ensemble architectures on household electricity load datasets. LSTM outperformed SVR using both MAPE and SMAPE evaluation metrics under varying peak and off-peak demand levels. Although combining ensemble models did not significantly enhance accuracy, it required considerably more computational resources. The authors emphasized that tedious feature engineering and hyperparameter tuning played a significant role in achieving optimal performance. The performance in their experiments confirms the effectiveness of LSTM as a realistic model for residential load forecasting in real-world applications.

### B. Time-Series Prediction Using LSTM and Traditional Machine Learning Models

Time-series forecasting has been significantly improved with the introduction of deep learning models, particularly in applications where high temporal sensitivity is required, such as energy load forecasting. In their article, (Tran et al., 2022) compared LSTM, Random Forest, and SVR, and concluded that LSTM performed better than traditional models in forecasting residential energy demand. The writers emphasized that LSTM performed better in handling long-range temporal relations and oscillations, particularly with data that exhibits strong sequential patterns. While RF worked competitively for short-term horizons, its performance deteriorated over time, as patterns continued to persist. This paper presents substantial evidence of the greater flexibility of LSTM in time-series modeling applications relevant to smart home energy management systems.

(Rodriguez et al., 2023) Contrasted the performance of the integration of LSTM with feature engineering against the performance of traditional machine learning algorithms in predictive tasks. The findings were that when given time-lagged variables and calendar-based features, LSTM networks generated significantly lower Mean Absolute Percentage Error (MAPE) than SVR and decision tree algorithms. The authors noted that the structure of LSTM naturally aligns with sequential trends and cyclical seasons, whereas SVR was manually tuned to replicate the same dynamics. The study noted that, despite advances in preprocessing, standard models were still unable to generalize temporal variation. This supports the application of LSTM in addressing varying household load patterns.

Further LSTM-based architecture innovation was brought about by (Mu et al., 2023), which developed a Sequence-to-Sequence (Seq2Seq) LSTM model for multistep electricity demand forecasting. The Seq2Seq model incorporated variable-length input and output sequences, enabling the flexibility of prediction windows compared to traditional LSTM and regression models. A comparison of performance with SVR and deep belief networks validated that the

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Seq2Seq framework achieved the lowest RMSE across varying test scenarios. The authors attributed this performance to the fact that LSTM can encode temporal context along layers and maintain state information at longer time scales. The authors demonstrate the absolute importance of model architecture tuning when using LSTM to predict load demand.

16 In another application-oriented study, (Yunita et al., 2025) compared the predictive accuracy of LSTM, GRU, and Random Forest for predicting solar generation as a proxy to residential demand forecasting. According to the study, LSTM achieved the highest  $R^2$  and the lowest RMSE, particularly in the most variable generation conditions. GRU approximated LSTM's performance almost as closely, though it was less accurate. In contrast, Random Forest struggled to maintain its performance under varying input conditions. The authors concluded that memory organization in recurrent models, such as LSTM, is beneficial where temporal coherence is essential for predictive performance. Such conclusions are immediately relevant in smart home energy management, where usage patterns tend to mirror the irregularities found in solar generation data.

*C. Machine Learning Applications in Home Energy Forecasting*

Machine learning approaches are more accurate in residential energy forecasting, particularly with hybrid models that combine spatial and temporal data. Their own hybrid CNN-LSTM model, as explained by (G. Chen et al., 2023) was able to forecast HVAC-associated energy requirements for residential buildings. The convolutional component detected local patterns of consumption, and the LSTM layers learned longer-term variation and dependency. Their comparison demonstrated that this hybrid approach performed better than individual network models on several accuracy metrics. This result suggests that combining modes of capturing spatial information with methods for monitoring changes over time yields more stable and reliable predictions for smart homes.

5 Apart from hybrid models, adaptive approaches have also garnered growing interest, as they respond in real-time to changes in domestic electricity consumption. (Han & Wang, 2023) developed an adaptive approach combining LSTM learning with dynamic mirror descent for forecasting single-residential load. Its method dynamically adjusts model parameters in real time to cope with sudden changes in consumer demand. Experimental outcomes revealed that RMSE and MAE decreased by approximately 9% to 11% compared to fixed-parameter baseline models. The study emphasized that on-the-fly parameter adaptation is a critical factor in maintaining forecast accuracy, especially during irregular usage patterns.

Although adaptability and precision are most crucial, data privacy remains a high-priority concern, even in the case of home energy prediction. In (Xiao et al., 2025), a federated learning framework that leveraged a fusion of DCScaffold and differential privacy was employed for

1 predicting loads for edge devices distributed across multiple locations. The model was capable of decentralized training without compromising on raw consumption data, thereby maintaining user anonymity while achieving high prediction accuracy. Testing the performance on various homes revealed a minimal loss of performance compared to centralized systems. This paper proposes a scalable and secure framework for IoT-based smart home deployment where operation with privacy constraints is necessary.

5 Apart from model-based innovation, recent comparative studies have also examined the overall performance of machine learning models for time-series energy forecasting. (Khan et al., 2024) 4 Investigated in depth five models, viz. LSTM, GRU, CNN-LSTM, Random Forest, and SVR are 4 used to predict solar and wind power generation as surrogates for residential consumption. The 4 study showed that LSTM performed superiorly on both MSE and  $R^2$  metrics, followed by GRU and CNN-LSTM, while Random Forest and SVR lagged behind. The authors attributed LSTM's lead to its ability to learn contextual and local temporal features using gated memory units. They also incorporated that although Random Forest and SVR are computationally practical and understandable, their chronological impoverishment inhibits their predictability in dynamic situations.

#### D. Performance Comparison of RF, LSTM, and ARIMA for Load Prediction

25 According to (Bielecki & Dudek, 2022), the RF approach used in short-term load forecasting of 24 electricity based on hourly loads from Portuguese substations exhibited stable consistency and low variability of RMSE and MAPE values. The model benefited from the advantages of ensemble learning and the non-stationary data assumption, which is particularly valuable when unstable patterns of the load are present. Additionally, input pattern representation significantly influenced model performance, as locally and globally extended features had varying impacts on accuracy. The study further states that RF can be readily trained and is computationally efficient, making it ideal for real-time responsive systems in operational contexts. Such findings position RF as a potential and flexible tool in innovative grid environments, especially where deep temporal modeling is not necessary.

(Ji et al., 2022) utilized a hybrid approach to forecast short-term residential electric power consumption using deep learning-based models such as DCNN, LSTM-AE, and the attention mechanism to capture complex patterns of demand. The hybrid framework enabled the algorithm to handle local temporal patterns, capture sequential dependencies, and concentrate on what past data are salient. When applied to actual datasets, the model was able to capture load valley fluctuations and outperform standard methods in terms of accuracy. The attention mechanism also enabled the model to assign a specific weight to key input durations that contribute most to

forecasting quality. These results further suggest the potential of employing more than one deep learning approach to harness complexity in local electricity consumption data.

(Asiri et al., 2024) proposed a hybrid metaheuristic short-term load forecasting model that was a Convolutional Bidirectional LSTM Autoencoder (CBLSTM-AE) coupled with a metaheuristic beluga whale optimization algorithm. The model was tested on the basis of smart grid data and achieved an MAPE of as low as 3.43% in comparison with the majority of deep learning models that were commonly used. The optimization module supported adaptive hyperparameter tuning, resulting in enhanced convergence stability and generalization. The results of the comparative analysis indicated that the architecture provided adequate support for temporal variance in electricity demand patterns. This work establishes that integrating temporal modeling, spatial data processing, and adaptive optimization methods yields considerable improvements in forecasting accuracy for innovative energy applications.

A study (Smyl et al., 2024) proposed the ES-dRNN with dynamic attention, a model that pairs exponential smoothing with dilated recurrent neural networks for improved short-term electricity load forecasting. The model features attentive recurrent cells and adaptive dilation, enabling it to learn both long- and short-term dependencies simultaneously. When tested on 35 European national energy datasets, ES-dRNN achieved better performance compared to classical statistical approaches and state-of-the-art deep learning models. The attention mechanism was dynamic, enabling the model to shift its attention between temporal contexts and resulting in more accurate and stable forecasts. It is demonstrated how a combination of classical statistical modeling with complex neural networks makes the model more interpretable and efficient in prediction models. A formal summary of the above studies is given in Table 1.

**Table 1. Comparative Studies on RF, LSTM, and Hybrid Models for Load Forecasting**

Author (Year)	Model(s) Used	Dataset / Domain	Key Findings
(Bielecki & Dudek, 2022)	Random Forest	Hourly load, Portuguese substations	RF achieved low RMSE and MAPE with fast training and low variance.
(Ji et al., 2022)	DCNN-LSTM-AE-Attention hybrid	Residential short-term load datasets	The hybrid model captured valley oscillations well and outperformed benchmarks.
(Asiri et al., 2024)	CBLSTM-AE + Beluga Whale Optimization	Smart grid datasets	Achieved MAPE as low as 3.43 % with optimized deep learning architecture.
(Smyl et al., 2024)	ES-dRNN with Dynamic Attention	35 European country series	Outperformed statistical and ML baselines by capturing multi-scale dependencies dynamically.

### III. RESEARCH METHOD

#### A. Research Design

This research employs a quantitative, applied design with an experimental study approach, aiming to enable empirical testing of predictive models under controlled conditions. The research process involves a systematic treatment of time-series data by applying machine learning algorithms and analyzing forecast accuracy through standard error measurements. Employing an experimental design ensures consistency in data treatment, model training, and the interpretation of findings. The framework permits reproducible comparison of algorithmic approaches on well-defined performance metrics. Such a systematic framework upholds the analytical coherence of the entire load forecasting process.

#### B. Data Sources

The study utilizes publicly available time-series electricity usage data, such as the UCI "Individual Household Electric Power Consumption" and Kaggle's "Household Power Consumption" datasets. The datasets include minute and hourly energy usage records of residential dwellings, as well as baseline and peak usage patterns. To achieve extra data sparsity in a few temporal intervals, synthetic data were generated with statistically controlled augmentation to ensure sufficient coverage of edge-case patterns, such as sudden spikes/drops in loads. All datasets were preprocessed to have the exact temporal resolution and unit of measurement for uniformity in the modeling exercise. The mix of real and synthetic data facilitates robust experimentation and generalizability.

#### C. Data Sources and Data Collection Techniques

Preprocessing of the data involved several large steps to ensure that the input features were sufficient for modeling. Time normalization was used to align the timestamps of all entries, and unit conversion from watt-minutes to kilowatt-hours was performed for interpretability and normalization. Rolling window smoothing and interquartile range filters were used to remove the noise and outliers. The preprocessed datasets were subsequently divided into training and test subsets, typically with an 80:20 ratio, and cross-validation using five folds was applied to promote consistency of the models. Two prediction models were built: Random Forest, used as a baseline due to interpretability and low computational cost, and LSTM, used because of its capability to model sequential and temporal dependencies. Both models were implemented using Python, with RF utilizing scikit-learn and Keras, and an LSTM model employing a TensorFlow backend.

#### D. Model Evaluation and Performance Metrics

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The performance of each model was measured using two of the most widely used error metrics: MAE and RMSE. These error metrics are extremely popular for time-series forecasting, as they assess how closely predicted values align with actual observations. MAE calculates the average magnitude of the differences between predicted and actual values, without considering the direction of the errors. It is helpful to obtain a sense of overall prediction accuracy on an absolute scale, as this is less sensitive to significant outliers. The formula of MAE is presented as (1).

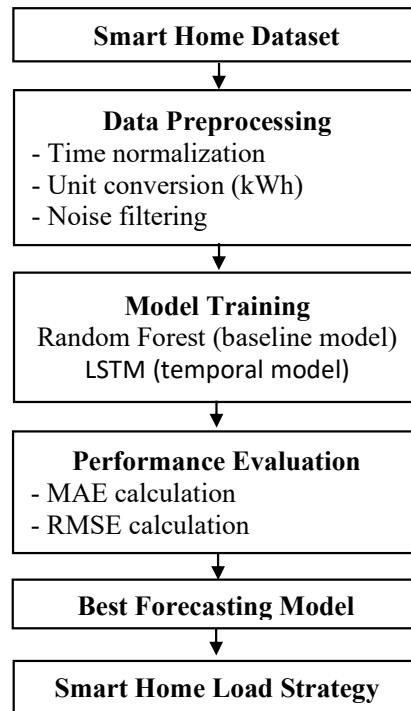
$$MAE = \frac{1}{n} \sum |y_i - \hat{y}_i| \quad (1)$$

In this equation,  $y_i$  is the actual observed load at time step  $i$ ,  $\hat{y}_i$  is the predicted value, and  $n$  is the number of observations. Small MAE indicates better model performance and better agreement with actual consumption behavior. The approach yields the best results under the assumption that prediction inaccuracies are distributed consistently over the forecasting horizon.

The second metric applied in this study is RMSE, where larger errors are assigned a higher weight due to the squared term. RMSE provides information on the variance of the prediction error and is particularly useful when high-penalty deviations are required to be traced. Compared to MAE, RMSE penalizes significant single errors more heavily, and thus is more sensitive to outliers and sudden changes in load consumption. RMSE can be algebraically defined as shown in Equation (2).

$$RMSE = \sqrt{\frac{1}{n} \sum (y_i - \hat{y}_i)^2} \quad (2)$$

Here in this formula, the variables carry the same meaning as in the formula for MAE. RMSE penalizes high-error predictions more than MAE, and a smaller RMSE indicates that model performance is consistent even during periods of abnormal energy demand. Both MAE and RMSE present complementary perspectives on forecasting accuracy, providing an overall picture of model performance across various dimensions of error. This entire methodological process is illustrated in Figure 1.

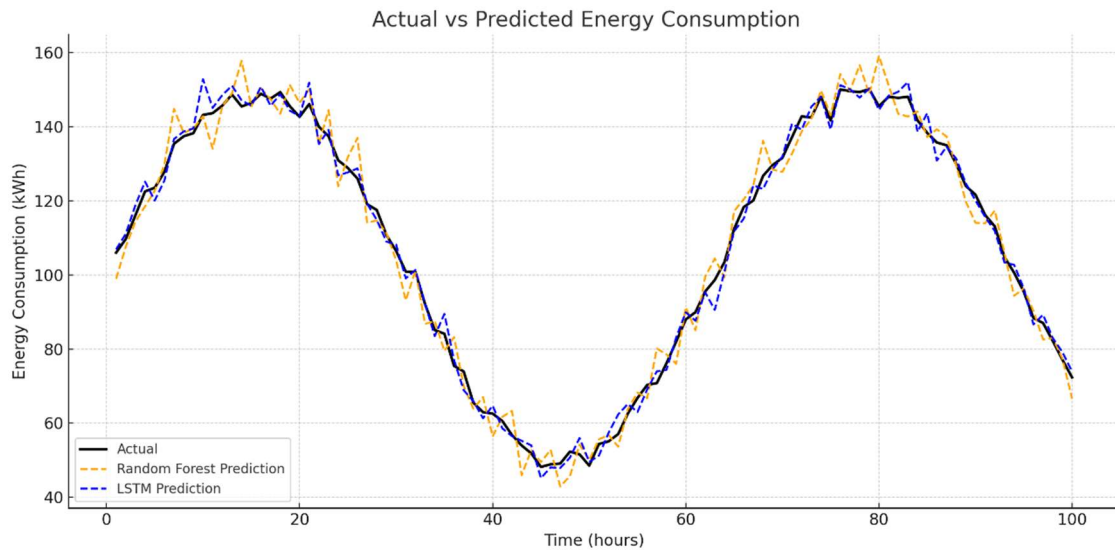


**Figure 1. Methodological flow of load forecasting using RF and LSTM**

#### IV. RESULT

##### A. Forecasting Trends and Model Behavior

The difference in performance of the Random Forest and LSTM models can be observed when their output is compared to the historical consumption values. Figure 2 illustrates how the LSTM model tracks the observed values during the entire window period, particularly in sudden changes in consumption. Unlike the RF model, which indicates evident lag and overgeneralizes peaks and troughs. This kind of behavior is typical of models with zero temporal memory, which results in sub-performance in highly dynamic time-series data. These visual contrast points highlight the importance of sequential modeling in smart energy landscapes.

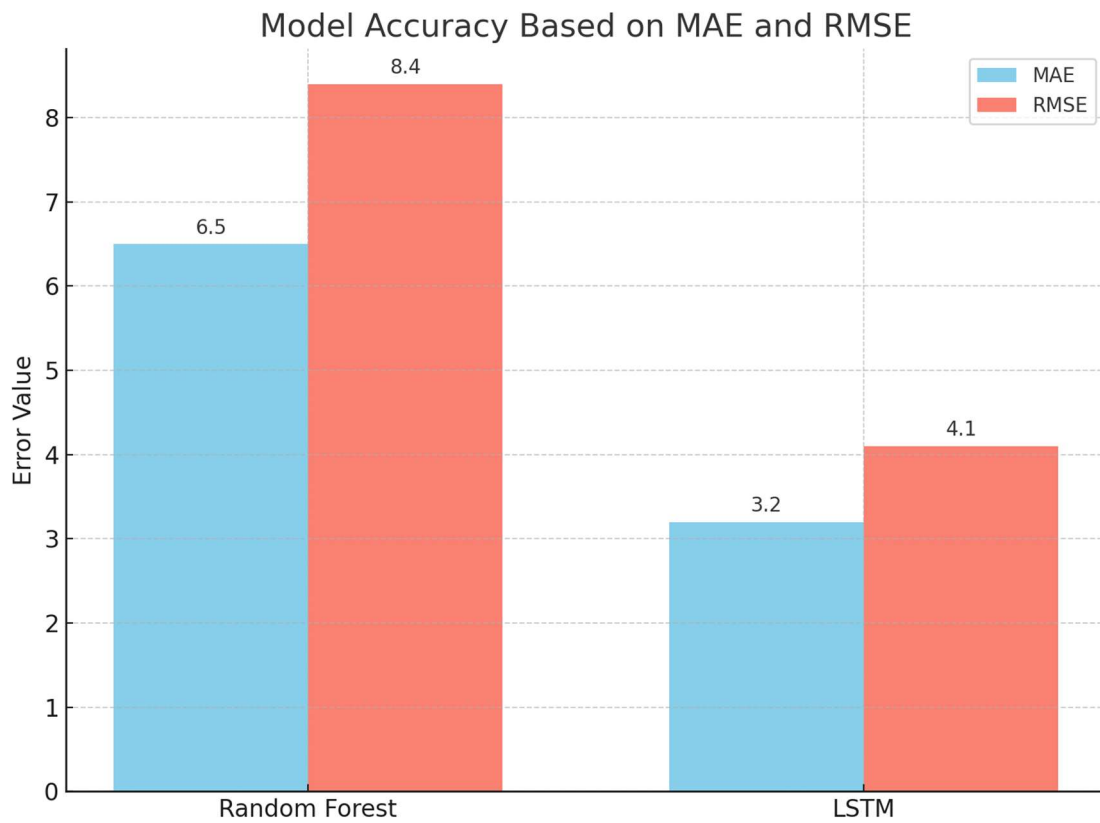
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**Figure 2. Actual vs Predicted Energy Consumption Using Random Forest and LSTM**

Based on Figure 2, LSTM has increased responsiveness to short-term changes and also preserves temporal patterns more effectively. Such responsiveness is very critical in the smart home domain, as energy loads can change dramatically with user activities or appliance scheduling. Smoothing out anomalies by the RF model does not qualify it as a good model for high-resolution time-sensitive prediction. The correspondence of LSTM with actual data also indicates increased flexibility in the presence of unseen data conditions. Such graphical observations form the basis for further quantitative analysis.

*B. Model Accuracy Evaluation*

Comparative accuracy of the models was quantified in terms of MAE and RMSE. Both were selected to quantify average deviation as well as sensitivity to large errors. Figure 3 illustrates the error values for both models with a clear indication of LSTM's superior performance. The LSTM model recorded an MAE value of 3.2 and an RMSE of 4.1, way above RF's MAE value of 6.5 and RMSE value of 8.4. These results suggest that LSTM not only provides more accurate predictions on average but is also more robust to anomalies in the data.



**Figure 3. Model Accuracy Based on MAE and RMSE**

As shown in Figure 3, LSTM produces significantly fewer errors for both evaluation metrics. The reduced MAE indicates that this model presents less variability across the entire sequence, while the reduced RMSE represents less sensitivity to large deviations. These findings are critical for energy systems that require real-time responses to fluctuating conditions. While both models are well-suited to broad load forecasting, the steadiness of LSTM makes it better suited to time-sensitive, high-risk use. This performance differential allows for an understanding of both models' behavior during peak demand periods.

*C. Peak Load Forecasting Performance*

Aside from the mean accuracy of prediction, the ability to forecast energy peaks is the essence of energy efficiency management of smart homes. Table 2 shows test results with a focus on peak load prediction performance. LSTM again outperforms RF with a peak accuracy of 89.7% and an average peak deviation of only 3.8 kWh. RF, however, achieves only 72.4% accuracy and a significantly higher deviation of 7.6 kWh. These results demonstrate the precision of LSTM in picking up not only base consumption but also key demand events.

**Table 2. Peak Load Prediction Performance**

Model	Peak Accuracy (%)	Avg Peak Deviation (kWh)
Random Forest	72.4	7.6

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LSTM	89.7	3.8
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As shown in Table 2, the LSTM model's strength lies in its predictive capability, which accurately predicts peaks in demand within a small margin of error. This is a benefit that will be more suitable for energy-saving schemes that require predictive optimization, such as charging batteries or shifting demand. The enhanced accuracy during peak hours will enhance the system's reliability and user satisfaction. RF's wider margins of error would result in wastage of energy or unnecessary expenditure. These findings highlight the significance of time-domain modeling for predictive control.

D. Temporal Pattern Analysis

Finally, overall electricity usage patterns were analyzed by day and hour using a heatmap. Figure 4 shows the weekly usage patterns, in which the peak usage consistently occurs between 18:00 and 21:00 on most weekdays. These patterns reveal typical habits in home settings, making the demand for time-series forecasting systems inevitable. The visualization also shows low usage during early mornings, which demonstrates possible load shifting and off-peak scheduling potential. These trends provide context for interpreting model performance in real-world temporal settings.

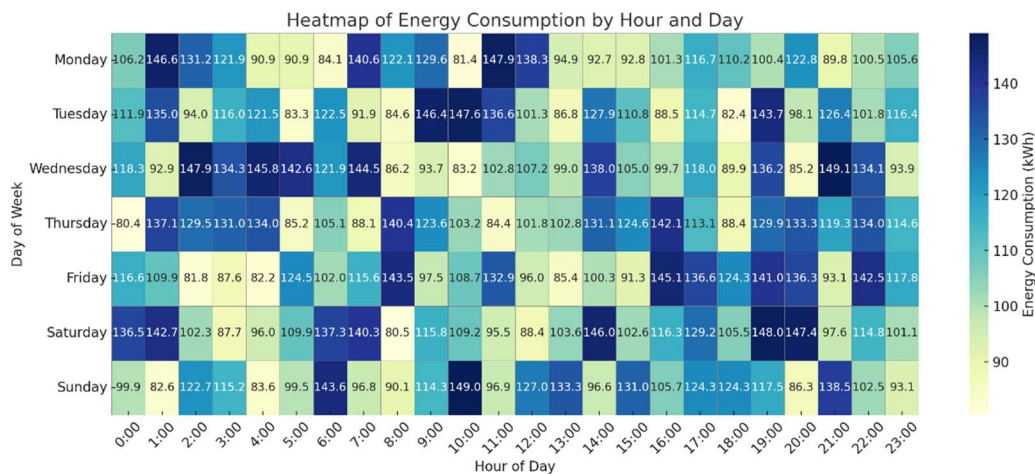


Figure 4. Heatmap of Energy Consumption by Hour and Day

From Figure 4, forecast accuracy must be aligned with raw loads as well as periodic consumption trends. The LSTM model's capability to learn temporal patterns gives it a strategic advantage over static models like RF. Observations gleaned from the heatmap reinforce the idea that forecasting is not only quantitative but also behavioral. Such patterns over time, if properly leveraged, can usher in proactive energy optimization. Thus, qualitative and quantitative data come together to affirm the use of sequential learning models within the context of a smart home.

## V. DISCUSSION

The results of this study confirm that LSTM offers significantly higher accuracy and adaptability in predicting residential energy demand compared to Random Forest. The strength of the LSTM model lies in its ability to identify sequential and nonlinear temporal relationships, enabling it to respond more effectively to load variability. This is in agreement with (Tran et al., 2022), who also commented on the better performance of LSTM in detecting long-term temporal trends over Random Forest and SVR. The generalization property displayed by our LSTM model is also in line with previous claims made by (Mu et al., 2023), for instance, in multistep forecasting under irregular demand behavior. Such similarities among studies indicate a continued advantage of using deep learning models in innovative energy applications, where usage patterns remain dynamic and behavioral.

Interestingly, the current findings also complement those of (Fayyazbakhsh et al., 2025), who emphasized LSTM's performance in contrast to ensemble models under the dual considerations of computational complexity and interpretability. Our results demonstrate that, without additional feature engineering, LSTM outperforms RF on both MAE and RMSE. This supports the notion that LSTM designs typically deliver better internal representations for periodic and peak-related electricity usage. In addition, even though Random Forest models were sufficiently fast and stable, they were unable to capture the ability to track time-sensitive developments, a drawback that is consistent with those voiced by (Bielecki & Dudek, 2022). Hence, the evidence suggests that whereas RF is suitable for rapid-response applications, LSTM remains more suitable for strategic energy forecasting in home environments.

Besides, the findings are consistent with those of (Asiri et al., 2024), who had proposed a metaheuristic-optimized hybrid LSTM model, featuring equally low prediction errors and great flexibility. Although the system did not feature optimization modules, the independent LSTM model was highly accurate, vindicating its stand-alone capability. Contrary to (Ji et al., 2022), which highlighted the strengths of attention-augmented hybrid models, the results suggest that even basic LSTM architectures work well when subjected to sufficient data and temporal context. These comparisons suggest that while advanced hybridizations may provide incremental improvement in forecasting, core sequence models like LSTM already provide substantive value. In applications requiring real-time responses, such reliability is a key operational advantage.

Finally, heatmap analysis shows deeper insights into consumption patterns that underlie model performance. The cyclical and evening-peaking, early-morning-trough temporal usage patterns align well with LSTM's ability to preserve long-term context and cyclical signals. These results validate the applicability of temporal modeling to residential load forecasting, particularly when

usage is driven by behavior. The observed congruence of the model estimates with weekly patterns corroborates that intelligent forecasting must combine not only historical experience but also habit rhythm. This corroborates that sequence deep learning approaches are more context-aware than traditional ensemble approaches in smart energy issues.

## VI. CONCLUSION AND RECOMMENDATION

The conclusions are provided with the ability to address research objectives or concerns. This study concludes that, in all cases, the LSTM model performs better than Random Forest in predicting residential energy demand, especially in volatile and time-varying load conditions. Using comparative assessments based on MAE and RMSE, LSTM achieved lower error levels during prediction and demonstrated better generalization over periods of dynamic demand. Experimental results confirm that deep learning models based on sequences are more effective in extracting temporal dependencies, thereby making more accurate and reliable predictions for smart home energy systems. Visual examination also revealed that predictions by LSTM were more aligned with behavioral and cyclical consumption patterns, especially during peak hours of the day. These results highlight the importance of using memory-based neural networks for load forecasting operations, offering both precision and responsiveness.

Although the current system exhibits acceptable baseline performance, integrating LSTM with hybrid or attention-based models can be explored in the future for learning from multi-scale temporal features. Additional improvements can be achieved by utilizing optimization algorithms, such as metaheuristic tuning or federated learning frameworks, to support decentralized applications for smart homes. Validation using real-time, region-based, or appliance-level datasets should be extended further to more accurately represent localized consumption patterns. Besides, extending the model to perform multi-household or aggregation predictions could enhance its potential application to neighborhood or grid-level energy management. These directions provide valuable insights into enhancing predictive capabilities and facilitating informed decision-making for modern energy systems.

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